



**Parent and Swimmer
Handbook
2010**

2010 Copperfield Crocs Information Sheet

Coaching Staff

Taylor Keene	Head Coach
Tyler Adams	Assistant Coach
Ben Nichols	Assistant Coach
Morgan Neuer	Swimmer Coach
Cole Pleasants	Swimmer Coach

Tentative Evening Practices

Tuesday, Wednesday, and Thursday, June 1 – June 3 6pm – 8pm (age level times)

Group Practice Times For The First Week - Beginning June 5, 2009

Monday through Friday

Ages 11 and over and Year-round swimmers by coach's approval	8:30am to 9:30am
Ages 9 and 10	9:30am to 10:15am
Ages 7 and 8	10:15am to 11:00am
Ages 6 and under	11:00am to 11:30am

****SWIMMERS WILL BE EVALUATED DURING THE FIRST WEEK OF PRACTICE AND PLACED IN APPROPRIATE PRACTICE GROUPS.**

2010 Meet Schedule

June 9	Equestrian Woods	Home
June 16	Cumberland Hills	Home
June 23	Palomar	Away
June 30	Waterford	Home
July 7	Firebrook	Away
July 14	Wilmore	TBA
July 17	Conference Preliminaries	Pinnacle
July 18	Conference Finals	Pinnacle

Swim Team Board Members

President	Chuck Fowler	223-2624	cplfowler@insightbb.com
Statistician	Keith Winstead		
Communications	Pam Cunningham		
Treasurer	Teresa Pleasants		
Meet Director	Stacia Neuer	361-2289	dsmgkt@alltel.net
	Di Sobel	224-7338	dsobe00@uky.edu
	Beth Sturgill		
	Dan Stone		
	Steve Marshall		
	Melia Hord		
	Agnes Barlow		

THE COPPERFIELD CROCODILES SWIM TEAM

Welcome to the Copperfield Crocodiles Swim Team! Our hope is that you and your child will have a fun and positive experience as part of our swim team. Please remember that everyone on our team contributes to the team spirit and fun! We hope the information provided in this handbook will help you better understand the sport of competitive swimming and how our team works. If you have any questions, please don't hesitate to contact one of the board members.

Our team is a member of the Man-O-War Swim Conference and we compete in six dual meets that are held each week on Wednesday evening. For home swim meets, swimmers are required to arrive at the pool at approximately 4:30 p.m. for warm-ups. The meet begins at 6:00 p.m. and ends no later than 9:30 p.m. Warm-up times for away meets will be announced each week before the meet. The Conference Championship meet will take place July 17 and July 18, 2010. All swimmers compete in the preliminary competition on Saturday and the top 12 fastest swimmers from the preliminary competition, in each event, in each age group, return to compete in the Championship finals on Sunday.

AGE GROUPING

The eligibility of a participant to swim in a specific age group will be determined by his or her age on June 1 of the current year.

Age groups are as follows:

Girls and Boys	6 and under
Girls and Boys	7 – 8
Girls and Boys	9 – 10
Girls and Boys	11 – 12
Girls and Boys	13 – 14
Girls and Boys	15 – 18

DUAL MEET SCORING

The first heat of every event is considered the live heat and is the only heat that scores points based on fastest times. Times are evaluated each week and swimmers are placed in heats with swimmers of comparable times. Please remember that everyone on our swim team contributes to the team spirit and fun regardless of whether they score points for the team. We expect the swimmers and their parents to cheer for all of our swimmers and have a positive attitude to be a successful swim team!

Dual Meet Scoring is as follows:

Place	Individual	Relay
1 st	5 points	7 points
2 nd	3 points	2 points
3 rd	1 point	

One team may not sweep an event (i.e. receive first, second, and third place points.) A team must have a swimmer in an event in order to receive the third place point. Swimmers that are disqualified by Referee or Stroke/Turn Judge cannot receive points. In the event of a tie, the place points will be averaged and divided evenly among the swimmers.

DUAL MEET AWARDS

All swimmers participating in a dual meet will receive a ribbon based on their place of finish in their heat. Disqualified swimmers will receive a participation ribbon. Ribbons will be placed in a swimmer's folder every Thursday morning following each dual meet.

DISQUALIFICATIONS

In dual meets and the Conference Championship, the MOWSC competes under the rules of USA Swimming. USA Certified and MOWSC trained stroke and turn judges will provide an environment for fair competition by observing each swimmer in each heat of each event, to ensure strokes are performed in compliance with the technical requirements for each stroke. Although the MOWSC is a recreational league, it is a competitive league, and the rules of disqualification must be enforced at every age level to help swimmers properly learn the stroke so they can be ready to compete at the conference championship and to provide a fair competition environment for all swimmers at all levels.

COMPETITION EVENTS

Distance – All events for 10 and under swimmers are a distance of 25 meters*, with the exception of the 100 Meter* Individual Medley. All events for 11 and over swimmers are a distance of 50 meters*, with the exception of the 100 Meter* Individual Medley.

**Palomar and Equestrian Woods do not have meter pools.*

Number of Individual Events – Swimmers may compete in a maximum of four individual live heat events.

Events – Each meet will consist of five individual events: Freestyle, Backstroke, Butterfly, Breaststroke and Individual Medley. Each meet will consist of two relay events: Medley Relay and Freestyle Relay.

CONFERENCE PRELIMINARIES AND FINALS

WHO MAY PARTICIPATE IN PRELIMINARY COMPETITION

Any registered swimmer of each team in the MOWSC that has participated in two (2) full dual meets is eligible to participate in the preliminary competition of the MOWSC Championships. The preliminary competition will take place in two sessions – morning and afternoon. All swimmers in 50 meter events will be together in one session and swimmers in 25 meter events will be in another session. There will be no relays in the preliminary competition.

SEEDING OF SWIMMERS IN PRELIMINARY COMPETITION

The swimmers in the preliminary competition will be seeded based on their fastest meter time during the current season. The last three heats of an event shall be seeded as follows: the fastest swimmer shall be placed in the third heat, next fastest in the second heat, next in the first. The fourth fastest swimmer shall be placed in the third heat, the fifth in the second heat, and the sixth fastest in the first heat, the seventh fastest in the third heat, etc. until the 18 fastest swimmers are in the last three heats. The heat preceding the last three heats shall consist of the next fastest six swimmers, the heat preceding the last four heats the next six fastest swimmers, etc.

WHO RETURNS TO COMPETE IN FINALS

The top eighteen times from the preliminary competition will return to compete in the championship and consolation finals. A first and second alternate will be named and allowed to compete in the event if one or more qualified swimmer(s) is unable to compete in the finals competition.

SEEDING OF CONSOLATION HEAT IN FINALS

Swimmers placing seventh through eighteenth in the preliminary competition will compete in the consolation heats of the MOWSC Championship, with the fastest time in lane four, followed by lanes three, five, two, six and one. The fastest time in the consolation heat will place seventh (13th in third heat) regardless of whether their time is faster than any time in a better heat. Swimmers in the consolation heats are competing for seventh through twelfth and thirteenth through eighteenth place only.

Swimmers placing first through sixth in the preliminary competition will compete in the championship heat of the MOWSC Championship. The heat will be seeded as listed above. Only swimmers in the championship heat can win the championship title. Swimmers in the championship heat are competing for first through sixth place. Consolation finalists are competing for seventh through twelfth place and thirteenth through eighteenth place respectively..

RELAYS

Relay events will be swam in the championship finals and seeded as listed above. Each team will have one relay in the championship finals.

SCORING IN CHAMPIONSHIP FINALS

Place	Individual	Relay
1 st	24 points	points double at each place
2 nd	21 points	
3 rd	20 points	
4 th	19 points	
5 th	18 points	
6 th	17 points	
7 th	15 points	
8 th	13 points	
9 th	12 points	
10 th	11 points	
11 th	10 points	
12 th	9 point	
13 th	7 points	
14 th	5 points	
15 th	4 points	
16 th	3 points	
17 th	2 points	
18 th	1 point	h

AWARDS AT CONFERENCE CHAMPIONSHIP

Medals are awarded for first, second and third place finishes. Ribbons are awarded for fourth through twelfth place finishes.

A high point winner and runner-up will be awarded in each age group.

A high point team will be awarded for each age group. (Example: top scoring six and under boys team, top scoring 7-8 girls team, etc.)

Team awards – Trophies for Winner, Runner-Up and 3rd place team.

Sportsmanship Team Award – voted on by teams for sportsmanship displayed throughout the season.

**For a list of board members or information on team events
<http://copperfieldlex.org/swimteam.html>**

PARENT VOLUNTEER JOB DESCRIPTIONS

Lane Timers / Recorders – Responsible for timing each event accurately and recording the time on the appropriate entry card. Timers will start their clocks at the starting signal of the Starter and stop their clocks when the swimmer in their lane touches for the finish. There is one timer per team per lane per meet.

Line-up – Gathers their age group swimmers and seats them in the pre-line up chairs. Swimmers should be staged in the chairs 2 to 3 events prior to their race.

Ribbon Writer 1 – DURING MEET - receives finish judge sheets from scorekeeper and enters information into Team Manager software. Should be comfortable with entering data into computer.

Ribbon Writer 2 – FRIDAY MORNING 8:30 a.m. to 10:30 a.m. Receive printed labels from Statistician. Affix labels to the appropriate ribbon and place ribbons in swimmer's folder at the pool deck.

Runner – Pick up entry cards from swimmers in 25 meter heats, check for the correct lane number, and deliver them to the appropriate timers prior to the start of the heat. After the heat has finished, pick up the cards for each lane, Finish Judges' slips, and any DQ slips and deliver to the scoring table.

Clerk of Course – make sure all swimmers have their entry card in hand and filled in completely. Shall have swimmers in line in the appropriate lane and ready for the starter's signal at least two (2) heats prior to their event.

False Start Rope / Event Board – Responsible for updating event board and dropping the "false start" rope in the event that such action is deemed necessary by the Starter.

Concessions Worker – Works concessions sales booth at home swim meets.

Finish Judge – Responsible for determining the order of finish of every heat. Shall list the swimmers, by lane number only, in order of finish on a piece of paper that includes the event and heat number. Shall give results after each heat to the Runner, who will deliver results to the scorers' table.

Score Keeper – Responsible for recording the official score throughout the course of the entire meet. Shall clip together that event's sheets (entry card, finish judge slips, and DQ slips) and pass to the statistics table.

Backup Timer – Starts his or her stopwatch with the start of each heat, in the event that there is a stopwatch that does not function properly, or that is not started, to time an individual lane. The backup timer must watch for a raised hand in any lane being timed – this will indicate the need for the backup timer to come to that particular lane in order to finish timing that swimmer.

The following volunteer positions require training. Anyone volunteering in these positions must either have current USA Swimming Official certification or attend an Officials Clinic hosted by the MOWSC (clinics will be offered in late May or early June)

MOWSC participants compete under the rules and regulations of USA Swimming. It is helpful if volunteers considering these positions have some understanding of competitive swimming, not to feel overwhelmed by the amount of information covered in these Clinics as it relates to the “legal” way to swim every stroke and the rules regarding “legal” starts and turns.

Referee – Shall have full authority over all officials and shall enforce all applicable rules and shall decide all questions relating to the actual conduct of the meet. Must have complete knowledge and understanding of all rules governing competition in MOWSC including USA Swimming Rules and Regulations. Must have completed Stroke/Turn Clinic or be USS Certified with current year credentials.

Starter – Responsible for providing a fair start for all swimmers and is responsible for calling “false starts”. Must attend clinic or be USS Certified with current year credentials.

Stroke and Turn Judge – Shall ensure that all rules relating to the style of swimming designated for the event are being observed and shall report any violations to the Referee on signed slips of paper detailing the event, the heat number, the lane number, swimmer’s name, and the infraction. Must attend clinic or be USS Certified with current year credentials.

Email Communication

Our most efficient way to get communication to the team members is through email. Please complete the email information requested on the registration forms so a database can be formed to quickly communicate any information to all parents on the team. You can also find information on the team website: www.copperfieldlex.org/swimteam.html.